Northley Middle School Penn-Delco School District Professional Resources

PRIVATE COUNSELORS AND THERAPISTS

Margaret Ardizzi
 Delaware County Professional Services
 2050 West Chester Pike, 4th Floor
 Havertown, PA 19083
 610-892-3800
 www.dcpsonline.com

• Dr. Adelina Smith, Psy.D.

201A Pennsylvania Avenue Wayne, PA 19087 484-431-5702 adelinasmith.vpweb.com

• Dr. Patrick McHugh

Rose Tree Office Campus 1223 N. Providence Rd. Media, PA 19063 www.drpatrickmchugh.com adbecare@verizon.net 610-565-1399

• Dr. Elizabeth Blair

280 N Providence Rd Media, PA 19063-3527 610-565-1129

• Betty White Curato

Rose Tree Counseling Center 1033 N. Providence Road Media, PA 19063 610-566-4975 www.rosetreecounselingcenter.com info@rosetreecounselingcenter.com

• Jane Iannuzzelli

7 Serpentine Drive Glen Mills, PA 19342 610-565-0515

Constance Pelesh, MS

Certified Counselor and Psychotherapist 1 State Road Media, PA 19063 610-529-4376

• Anthony Goldsmith, MA

Building Bridges Licensed Psychologist 42 E. Front Street Media, PA 19063 610-585-6408 www.anthonygoldsmith.com tony@anthonygoldsmith.com

• Erika Surkin, M.Ed.,

Registered Play Therapist Heather Lane West of Valleybrooke Road Chester Heights, PA 19017 (610) 368-6633 www.erikasurkin.com erika@erikasurkin.com

• Maggie Pruett-Saratan, MA-LPC

Founder, Lead Counselor Empower Youth 210 West Front Street, Suite 14 Media, PA 19063 (610) 565-4360 www.empoweryouth.net Maggie@empoweryouth.net

• Diane R. Girardot, MA-LPC

DRG Counseling 1224 Baltimore Pike, Suite 210 Chadds Ford, PA 19317 610-357-5627 drgcounseling1@gmail.com

• Hilary Wyant

42 East Front Street Media, PA 19063 908-329-0710 hilarywyant@gmail.com

GENERAL COUNSELING AGENCIES

• Alfred I. DuPont Hospital for Children

1600 Rockland Road P.O. Box 269 Wilmington, DE 19899 888-533-3KID www.nemours.org

• Child Guidance Resource Center

6th & Olive Streets Media, PA 19063 610-565-6000 www.cgrc.org

• Council for Relationships

Kate Fullam or Priscilla Singleton 171 W. Lancaster Avenue Paoli, PA 19301 610-594-9808 or 610-889-0419 www.councilforrelationships.org

• Crozer-Chester Medical Center Community Mental Health Center

2600 West 9th Street Chester, PA 19013 610-494-0700 www.crozer.org

• Family and Community Service of Delaware County

100 West Front Street Media, PA 19063 610-566-7540 www.fcsdc.org

• Delaware Guidance for Children and Youth

1213 Delaware Avenue Wilmington, DE 19806 302-652-3948 www.delawareguidance.org

• West Chester Psychiatric

1515 W. Chester Pike, Suite B4 West Chester, PA 19382 610-431-3575

• Family Support Line

100 West 6th Street Media, PA 19063-2428 610-891-5275

www.familysupportline.org

• Foundations Behavioral Health

3 East Butler Avenue Doylestown, PA 18901-2298 215-345-0444 x193 www.fbh.com

• Life Counseling Services

1440 Russell Road Paoli, PA 19301 610-644-6464

www.lifecounseling.org

• Mental Health Assoc. of Southeastern PA

Advocates/Support 1211 Chestnut Street Philadelphia, PA 19107 800-688-4226 215-751-1800 www.mhasp.org/advocacy

• Northwestern Human Services

800 Chester Pike 20 S. 69th St. 2nd Fl. Sharon Hill, PA 19079 Upper Darby, PA 19081

610-534-3636 610-713-9580

http://www.nhsonline.org

• NAMI

Support group for loved ones of those affected by mental health disorders

Shirley Gallagher/Mary Titus Ingrid Waldron
Mary Titus 320 Woodley Road

PO Box 567 Merion Station, PA 19066

Lansdowne, PA 19050 610-664-4569

610-623-0071

www.nami.org/MSTemplate.cfm?Site=NAMI_PA_-_Delaware_County_Chapter

• Springfield Psychological

1489 Baltimore Pike Building 200, Suite 250 Springfield, PA 19064 610-544-2110

www.springfieldpsychological.com

• Children's Behavioral Health Center

Offers no cost diagnostic psychological evaluations regardless of income 1850 East Lincoln Highway
Coatesville, PA 19320
610-383-1432
www.ibc-pa.org

Social Work Consultation Services

Offers no cost counseling
Widener University
2600 West 9th Street
Chester, PA 19013
610-859-6046
www.socialworkcounselingservices.org

ADD/ADHD

• Suzanne Smith, Licensed Psychologist

Individual counseling and groups for parents of children with ADHD 200 N. Monroe Street Media, PA 19063 610-772-1884

• CHADD Local Chapter

Support group for parents who have children with ADD/ADHD Susan O'Rourke 610-429-4060 www.chadd.net/template.cfm?affid=222&p=about

ADOPTIVE SERVICES

• Institute for Children and Families

Lark Eshleman, Ph.D. or Linda Shipe, Ph.D. 790 E. Market Street, Suite 300 West Chester, PA 19382 610-431-9508 www.instituteforchildren.com

• FAITH – Families All Together In Their Hopes

Adoption support group - works to meet the challenges of raising children of biracial, transcultural and special needs adoption. Families meet monthly.

Helen Smith 14 Gamewood Road Levittown, PA 19057 215-949-3893

http://mysite.verizon.net/vze7mzpe/index.html faithfamilies@verizon.net

• Foster Parent Association

Training, Education, Information, Support Karen Holmes-Wharton 686 Cherrytree Road Aston, PA 19014 215-762-2218

ANXIETY/OCD

• Temple University Child & Adolescent Anxiety Disorders Clinic

Offers no cost treatment Weiss Hall, 13th & Cecil B. Moore Philadelphia, PA 19122 215-204-7165 www.childanxiety.org • The Cottage - Child and Adolescent OCD, Tic, Trich, and Anxiety Group 3535 Market Street, 6th Floor Philadelphia, PA 19104 215-746-3327 www.med.upenn.edu/cottage

<u>AUTISM</u>

• Sibling Support Group for Autism

Meeting held in Wayne; Contact Dale Fisher 610-668-8890 Dalefish2000@aol.com

AUTISMLINK

Online support groups and discussion boards 376 Wagon Wheel Trail Wexford, PA 15090 412-377-8778 www.autismlink.com info@autismlink.com

ABOARD

Support for parents of children with autism/autism spectrum, website, etc.
Howard Carpenter
35 Wilson Street, Suite 100
Pittsburgh, PA 15223
800-827-9385
www.aboard.org
info@aboard.org

• Delaware County Family PDD Autism Spectrum Support Group

PO Box 210 Drexel Hill, PA 19026 610-626-9511 www.delcofamilypass.com barbzimmerman@delcofamilypass.com

Autism Social Skills Group

Social skills groups for children with high-functioning autism

Bala Cynwyd, PA (610) 825-7567

DIVORCE GROUPS

• Calvary Reformed Presbyterian Church

Located in Wallingford 610-872-6787

Contact: Ms. Lorraine Frick (this group is for parents)

• Media Presbyterian Church

Ms. Robin Painter 610-566-3944

EATING DISORDERS

• Renfrew Center

475 Spring Lane Philadelphia, PA 19128 215-482-2695 www.renfrew.org

<u>GRIEF</u>

• Center for Grieving Children

A safe and caring place where young people and their families who are grieving a death can find help to grow through the healing process.

Nelson Pavilion Erie Avenue at Front Street Philadelphia, PA 19134 215-427-6767 www.grievingchildren.org

• Peter's Place

A center for grieving children and their families 150 N. Radnor Chester Road Suite F130 Radnor, PA 19087 610-687-5150 www.petersplaceonline.org

• Camp Erin (Moyer Foundation)

206-298-1217 – National 610-617-2471 – Local (Philadelphia) www.moyerfoundation.org/programs/camperin.aspx info@moyerfoundation.org Elise.Gaul@uphs.upenn.edu

HELP HOTLINES

- **Teen Helpline** A place for preteens and teens to call with a problem big or small. All calls are confidential and answered by experienced mental health professionals. 610-352-TEEN
- **Childline** A place to call and report an suspicions of child abuse 800-932-0313
- **Parents Anonymous** Anonymous support for parents who need assistance or direction with any issue. 800-448-4906

PARENT SUPPORT GROUPS

• JOEY Online Support Group (Just Open Everyone's Eyes)

Support for parents who have children with behavioral issues gramaro@aol.com

• B.I.L.Y. (Because I Love You) Parent Support Group

A national support group for parents whose children (of all ages) have behavioral problems, such as running away, attitude, substance abuse, school attendance issues, physical/verbal abuse, etc.

Located in Upper Darby

610-457-5144

www.bily.org

Parent to Parent by Holcomb Behavioral Health

Parenting workshops for Delaware County residents to raise healthy, drug-free kids 484-444-0412

www.holcombprevention.org/Parent_to_Parent.dwt

• PA Parents and Caregivers Resource Network

Statewide cross-disability group supports parents and caregivers; helps to form local groups and network with other parents

PO Box 4336

Harrisburg, PA 17111

888-890-5665

717-561-0098

info@ppcrn.org

Parent Education Network

Pennsylvania's statewide Parent Training and Information Center supports parents of children with special needs and includes information and links to Federal Special Education, National Disability Issues and Resources, Special Education Legal links, and Transportation and Travel.

2107 Industrial Highway

York, PA 17402

717-600-0100

800-522-5827

www.parentednet.org

• Parenting Wisely by Holcomb Behavioral Health

Interactive parenting program to improve parent communication, improve discipline, and increase parental supervision.

484-444-0412

www.holcombprevention.org/parenting_wisely.dwt

• Second Time Around Parents Support Group

(Grandparent support group)

Family and Community Service of Delaware County

MariLou Coleman

100 West Front Street

Media, PA 19063

610-566-7540 x227

SMOKING CESSATION

• "Quit Smoking" Program (FREE)

Amy Smythe
Coordinator/Tobacco Prevention Specialist
Crozer Keystone Health Systems
One Medical Center Boulevard
Silberman Center
Upland, PA 19013-3995
610-447-6007
www.tobaccofreedelco.com

• Riddle Hospital - Main Line Health System's SmokeFREE

1068 West Baltimore Pike Media, PA 19063 610-891-3635 www.mainlinehealth.org/evc/Page.asp?PageID=EVC001139

SOCIAL SKILLS

• Wanna Play Social Skills Groups

Activity groups for promoting social development 8701-A West Chester Pike Upper Darby, PA 19802 610-853-2898 www.wannaplayprogram.com

Collage Occupational Therapy

Activity groups for promoting social development 4016 Foxhill Lane Newtown Square, PA 19073 610-356-7355

• Sports-themed Summer Social Skills Program

Group for teens with social-cognition deficits and have a passion or interest in sports. Facilitator will use real life sports-related themes as a springboard to teach social skills and deal with social concerns specific to this age group.

Facilitator – Mitchell Greene mgreene@MainLineClinical.com

• Main Line Clinical Associates

www.mainlineclinical.com

Groups for middle and high school students – topics include social skills, assertiveness, and goal setting. 121 N. Wayne Avenue, Suite 300 Wayne, PA 19087 610-975-9435

Theraplay

638 Brandywine Pkwy. 3434 Garrett Road, Suite 140 West Chester, PA 19380 Drexel Hill, PA 19026

610-436-3600 610-803-0100

www.theraplayinc.com

• "A Total Approach" Occupational Therapy Services

9 LaCrue Avenue, Suite 103 Glen Mills, PA 19342 484-840-1529 www.atotalapproach.com

SPECIAL EDUCATION

• Special Education Advocates

Advocates provide specialized knowledge about special education and the laws that provide you and your child benefits, privileges and protections.

www.specialedadvocates.org

Trudy Fulmer Debra Schafer, B.A. Sellersville, Pa Special Ed Consultant

215-258-3377 215-497-9738

rfulmer@comcast.net ASPEDAdvocate@aol.com

• PA Council for Exceptional Children

To advance the education and welfare of children and youth with exceptionalities.

Dreamalee Brotz

Plymouth-Whitemarsh HS 201 E. Germantown Pike Plymouth Meeting, PA 19462 610-825-1500 ext. 2014 www.pacec-sped.org membership@pacec-sped.org

• Vision For Equality, Inc.

Assists people with disabilities and their families; access services and supports
The Cast Iron Building
718 Arch St., 6th floor
Philadelphia, PA 19106
215-923-3349
resources@visionforequality.org

• ARC – Educational Advocate

Advocate and provide education/training Kathy Zepka 3544 West Chester Pike, #205 Newtown Square, Pa 19073 610-325-3950

• Kids Together, Inc.

Information and resources for adults and children with disabilities PO BOX 45

Quakertown, PA 18951

www.kidstogether.org

• Parent to Parent

Linking families of children and adults with disabilities and special needs www.parenttoparent.org 800-986-4550

• Office of Vocational Rehabiliatation

Provides services to eligible persons with disabilities to help get or keep competitive employment. 800-221-1042

www.dli.state.pa.us

• Disability Rights Network

Statewide, non-profit corporation designated as the federally-mandated organization to advance and protect the civil rights of all adults and children with disabilities.

Philadelphia Office

The Philadelphia Building 1315 Walnut St., Suite 400 Philadelphia, PA 19107 215-238-8070 215-789-2498 (TDD) www.drnpa.org

Main Line Therapeutic and Wellness

Groups for pre-teens and teens up to age 21 with non-verbal learning disabilities 700 Darby Road, Suite 100 Havertown, PA 610-853-9355 www.mainlinetherapeutics.com

• Local Transition Coordination Councils

Plan and facilitate successful transitions of students with disabilities from school to adult Delaware County Transition Council

DCIU

200 Yale Ave. 207 Sheffield Ln. Morton, PA 19070 Oxford, Pa 19363 Bernie Miller Maureen Guss bmiller@dciu.org mguss@dciu.org

Local Right to Education Task Force

Group seeks to ensure education for all with disabilities
Diane Perry
610-522-0698
www.philadelphialtf.org/philasupport.htm

• IEP Advocate (volunteer)

Patty Kirkpatrick Citizen Advocates Inc. 801 Yale Ave Suite G-03 Swarthmore, PA 19081 610-543-7380

• Transition Map

An online hub of information and resources for transitioning youth ages 14-21 with developmental disabilities who are graduating from special education and entering adult life in the community. Jennifer Graham

215-641-1200

www.transitionmap.org

• PA Education For All Coalition

http://disabilities.temple.edu

Chapter meetings, Online Community, Parent Consultant Network
Diane Perry
Temple University Institute on Disabilities
1755 North 13th Street
Student Center, Room 411S
Philadelphia, PA 19122
215-204-1356
dperry@temple.edu

ABC Education Advocacy – Alternate Behavior Concepts

Step-by-step parent advocacy and resources for families of children with special needs in PA public schools Pam Cook

412-851-0252

www.ABCadvocacy.net

SUBSTANCE ABUSE

• Horsham Clinic

722 E. Butler Pike Ambler, PA 19002 215-643-7800 www.horshamclinic.com

• Mirmont Treatment Center

100 Yearsley Mill Road Media, PA 19063 (610) 744-1400

MOMSTELL

Organization involved in substance abuse treatment, prevention and support for parents and community PO Box 450
Mechanicsburg, PA 17055
717-795-9753
momstell@verizon.net

• Pro-Act Support Group

Seeks to provide training, support and education to parents of children involved in substance abuse Babette Benham 252 W. Swamp Rd.
Unit 12
Doylestown, PA 18901
800-221-6333

• Pennsylvania Al-Anon & Alateen

Al-Anon InfoServ of Delaware Valley 4021 Walnut Street Philadelphia, PA 19104 215-222-5244 www.pa-al-anon.org

SUICIDE

• Survivors of Suicide

Patricia Lufkin Mary Ellen Carpenter 26 Pumpkin Hill Road 2064 Heather Road Levittown, PA 19056 Folcroft, PA 19032 215-545-2242 215-545-2242

• Suicide Anonymous

Not for the parent; 12 step program for client PO Box 7193 Radnor, PA 19087 610-715-0076

TOURETTE'S SYNDROME

• Tourette's Support Group

Support group for parents/loved ones of those suffering from Tourette Syndrome Leslie Geyer 333 Meadowview Dr. Trappe, PA 19426 610-409-0833

PA Tourette Syndrome Association

Advocates will do IEP for any child diagnosed with Tourette's Syndrome in any county in Pennsylvania Laura Jean Umbrell, Administrator 132 West Middle St.
Gettysburg, PA 17325
800-990-3300
717-337-1134

MISC.

• PA Families, Inc.

800-947-4941 pafamilies@alltel.net

• Family Resource Center Committee

610-325-3950

• Bowling League for Adolescents

610-325-3950

• Thorncroft Equestrian Center

Therapeutic Horseback Riding 190 Line Road Malvern, PA 19355 610-644-1963 http://thorncroft.org/cms info@thorncroft.org

Advocate

IEP meetings, juvenile court, district court with parents, RTF or out of district placement meetings, MH meetings of all kinds, etc.

Sandy Wadsworth 862 School Lane Folcroft, PA 484-494-5984 wadsworths@hotmail.com

• Prader-Willi Syndrome Assoc. of PA

Debbie Fabio 104 Persimmon Place Cranberry Township, PA 16066 724-779-4415

• PA Health Law Project

Provides free legal services and advocacy to Pennsylvanians having trouble accessing publicly funded health care coverage or service.

800-274-3258 866-236-6310 TTY www.phlp.org

Education Law Center

Philadelphia Contacts 215-238-6970 TTY 215-789-2498 www.elc-pa.org aaviles@elc-pa.org

Attachment & Trauma Network

Online Support Group PO Box 23508 Overland Park, KS 66283 240-357-7369 moderator@radzebra.org

Depression Bipolar Support Alliance

For the entire family / teens welcome Joseph Bunting Springfield High School, Room 113 877-687-9552 www.dbsalliance.org/site/Clubs?club_id=1157&pg=main dmda562@msn.com

Rosemont's Support Group for Parents Of Children with OCD

Sally Allen Rosemont Counseling Association 1062 Lancaster Avenue, Suite 9 Rosemont, PA 19010 610-525-1510 www.rosemontcounseling.com/community.htm

WIC - Women, Infants, Children

Supplemental nutrition program – eligible regardless of income if child received medical assistance and has medical card 800-942-9467 www.fns.usda.gov/wic

Governor's Commission for Children and Families

List of Health and Human Services, List of Advocacy Resources, Parent Guides www.pachildren.state.pa.us

Mental Health Association in PA

Works on behalf of mental health through advocacy, education and public policy Wendy Luckenbill, Family/Child Policy Coordinator 800-692-7443 www.mhapa.org wluckenbill@mhapa.org

PA Client Assistance Program

FREE advocacy program which helps people who are seeking services from the OVR, Blindness, Visual Services, Centers for Independent Living and other programs funded under federal law. Philadelphia Office

215-557-7112 888-745-CDLP

info@equalemployment.org

• Starfish Advocacy Assoc.

Internet community for families of children with neurological disorders such as ADHD, bipolar disorder, Asperger's, PDD, SID, learning disabilities, OCD, Tourette's Syndrome, etc.

3341 Warrensville Center Road, Suite 203

Shaker Heights, OH 44122

216-283-2377

www.starfishadvocacy.org

starfish@starfishadvocacy.org

SOAR – Survivors of Abuse in Recovery

Treatment for children and families who have experienced sexual abuse or assault. Groups for partners of survivors and psycho-educational programs for people affected by sexual abuse.

405 Foulk Road

Wilmington, DE 19803-3809

302-655-3953

www.survivorsofabuse.org

• PA School-age Child Care Alliance - PENN SACCA

Committed to the expansion of high quality school-age care and after-school programs for children and youth. Membership is dedicated to the support of school-age professionals and the development of quality school-age programs through advocacy and education.

Carolyn Hawk – 570-323-7134

Joyce Lang – 610-332-6541

www.pennsacca.net

• PCCY – Pennsylvania Citizens for Children and Youth

Free service which will help you get health insurance Seven Benjamin Franklin Parkway Philadelphia, PA 19103 215-563-5848

213-303-3040

www.pccy.org

shellyyanoff@pccy.org