



FEBRUARY 2012

SUN VALLEY HIGH SCHOOL

HOME OF THE VANGUARDS



Vanguard Voice, Issue Number V



Kevin Gane entertains everyone at the Debate Tournament held on January 19th at Sun Valley!

In this Issue:

- Page 2 Class Updates, Nurse Notes, Students of the Month, Dates to Remember
- Page 3 Debate Tournament, Club News, ROTC
- Page 4 Update on Sports
- Page 5 Post Prom Events, MIC Information
- Page 6 Technology Fair

MESSAGE FROM PRINCIPAL PETE DONAGHY:

The New Year has started with a flurry of activity but minimal flurries in the forecast. Sun Valley is pleased to have hosted in the past month: Delaware County Hi-Q Academic Competition Tournament versus Monsignor Bonner, and Garnet Valley on 1/10/12, The Inaugural Sun Valley Debate Tournament of the Pennsylvania High School Speech League on 1/19/12, Penn-Delco Technology Expo on 1/26/12, Sun Valley Vanguard Wrestling Invitational on 1/28/12, and Sun Valley Science Fair on 1/31/12. All were unbelievable displays of the talents of our students and the hospitality of our teachers and staff that extends beyond the classroom. These events showcased all that we offer at Sun Valley prompting one student from another school to say during a competition "Is this a private school?". Kudos to all involved to make our extensions outside of the classroom such a success.

In January, we also secured Neumann University for graduation ceremonies. Neumann is now in their third year of hosting graduations and we felt it was time to bring graduation back to Penn-Delco. Graduation will be Tuesday, June 12th at 6:00pm. The facility has the same home town feel and warmth that the Penn-Delco community is accustomed to. It will enable our students to spend more time with family and friends on that monumental occasion due to the location. Look for more correspondence soon on the end of the year events.

The next few months will shape the year. We are half finished the school year. The second half of the year will feature Senior Mock Interviews, AP testing, PSSA testing, scheduling for 2012-2013, college commitments, dances, proms, plays, sporting events, and many other exciting times at The Valley.

Thank you for being a large component of your student's events and success.

CLASS OF 2012

Disney trip money: February 10th—\$200 third payment due; March 30th—Trip balance due. We will be posting a list of seniors who still owe Senior Dues or who have other fines/obligations outside of the café at the end of the month. Please check the list. Students with unpaid senior dues or outstanding fines/obligations may not get their yearbook engraved, attend the senior prom, walk in graduation, or receive their diploma. Any questions about senior dues see Ms. Hughes (ext.2156). Questions about other fines/obligations, see Mrs. Parker in the main office.

CLASS OF 2013

The Class of 2013 is gearing up for a lot of big events. On February 1st, the 3rd deposit of \$100 is due for the class trip. The remaining balance (TBD) will be due on March 1st. Our Junior Class Prom is fast approaching on April 13th. The Junior Class Committee is excitedly finalizing details such as menu, favors etc. Any questions or concerns, please call Ms. Deery at ext. 2104 or Mrs. DiMarcantonio at ext. 2107.

CLASS OF 2014

Save this date: The Soph Hop will be on Friday, March 16, 2012. Congratulations to Zach Middleton (12th grade student), the winner of the Texas Roadhouse raffle. He won a \$50 gift certificate to Texas Roadhouse. Complete information on future class events can always be found on Mr. Baron's web page.

CLASS OF 2015

The Freshman Formal has been tentatively scheduled for Friday, March 23, 2012. The theme of this year's dance is "What Happens in Vegas!" The Freshman Class Auntie Anne's fundraiser was done in December and the beginning of January. Students who participated will receive credit towards their Freshman Formal Tickets.

NOTES FROM OUR NURSE

IMMUNIZATION REMINDER: ALL STUDENTS must have the following: Proof of two Varicella (chicken Pox) vaccines or written documentation of history of disease. Letters have been mailed to all students who have not submitted this information. If your child's immunizations are not current or complete by May 4, 2012, he/she will be excluded from school until the State regulations have been met. Please contact Mrs. Capuano with any questions or concerns at gcapuano@pdsd.org or 610-497-6300, ext. 2373.

Physical Education Classes

Physical Education classes have been busy since September participating in Flag Football, Ultimate Frisbee, and Team Handball. Moving inside for the winter months, the classes will be focusing on Volleyball, Badminton, Pickleball, Table Tennis, and Basketball just to name some of our indoor activities. We are hoping there will be a short winter and we will be outside again in the early spring. Thursdays at 2:25 pm, students can make up PE classes. Students must be on time, prepared for class and participate in the activity to successfully make up a class.

IMPORTANT DATES TO REMEMBER

- February 3 Report Cards issued
- February 13 PTL Meeting, 6:30pm
- February 20 Presidents' Day, Schools and Offices Closed
- February 21 No School: Teacher In-Service
- February 24 SV Volleyball Marathon
- February 29 Interim Reports Mailed

Graduation Cap and Gown: If you have not ordered your cap and gown, please do so as soon as possible. Contact Student Services at 610-539-1330 or stop in the office and see Mrs. Shirlow. Also remember, all school fines need to be paid in full before graduation gown distribution day!

February Students of the Month:

Maura Schmidt
Ryan Taylor
Amanda Potter
Congratulations

Important Note....Mark your calendar!

Graduation for the Class of 2012 will be held on June 12, 2012 at 6:00 pm at the Neumann University Mirenda Center.

More information will follow in future

ATTENTION PARENTS OF 11TH GRADE STUDENTS: The Pennsylvania School Health Act requires a physical examination for every student in 11th grade. Letters are being mailed home to those students who have not submitted a school physical. We suggest you have the examination done by your family physician who has a better knowledge of your child's past medical history. However, if you choose to have the examination done by our school physician, Dr. Louis Giangiulio, you will need to schedule an appointment. The school physicals will be conducted on Wednesday, February 15th at Sun Valley High School, beginning at 2:30 pm. Please call Mrs. Lessik at 610-497-6300, ext. 2352 to schedule an appointment.

SPRING SPORTS PHYSICALS will be held at Sun Valley on Wednesday, February 15th, beginning at 2:30 pm by appointment only. Please call Mrs. Lessik at ext. 2352 to schedule an appointment. If you have already received a physical to play a fall or winter sport this year, you do not need to obtain another one.

Debate Tournament is a Huge Success!

Our Sun Valley students did a fantastic job at the Debate Tournament held on January 19th. Josh Miller won his Neg round. Sam Schmucker won his Aff round, and Aubrey D'Angelo won her Neg round. The students from the other schools were very impressed with Sun Valley. Special thanks to Mr. Page and his NHS students! Also, thank you to Kevin Gane who played the piano in his tuxedo for the event. Dr. Perry, the coordinator for all PHSSL Speech and Debate District 10 events, told us that the Sun Valley tournament was the most organized and well-run debate that she has seen in the 14 years that she has been a part of PHSSL. She then asked us to host every monthly tournament from this date forward!



AP Biology and Honors Biology

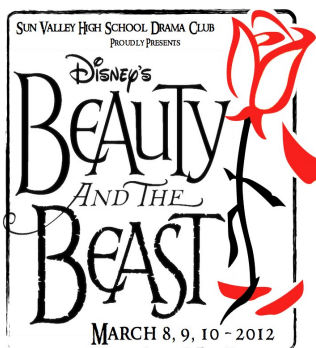
Ms. Emhof's AP Biology and Honors Biology classes are now pen pals with Mrs. Braud's 3rd grade class at Gilmore Elementary School in League City, Texas. The 3rd grade class is learning how to write friendly letters. Ms. Emhof's classes will be telling them about science and the surrounding local area.



Freshman Academy News

We are more than halfway through the year and students in the Freshman Academy are going to be analyzing their grades for the first two marking periods and their midterm grades in order to set goals for improvement during the second semester. They will be doing this in class on Friday, February 3rd. Please talk to your students about their goals and what they learned from completing the activity! Best of Luck on a great second semester.

CHORAL AND THEATER NEWS Mark your calendars...Beauty and the Beast is coming to Sun Valley. March 8, 9 and 10. Stay tuned for more announcements!



Leo Club meeting is scheduled for Thursday, February 2nd at 2:20 pm. The Leo's are again collecting can goods for the community food banks. Anyone interested in donating a canned good item, please drop it by after school at the meeting or give it to a fellow Leo club member. We are always welcoming new members.

JROTC NEWS

The United States Marine Corps Reserve and the Cadets would like to thank the students and faculty of Sun Valley for their generosity during the Holiday Season. We also want to thank Representative Barrar's office and the Cardinal Pre-School for their help in collecting over 8 boxes of toys in support of the local Marine Corps Reserve Center Toys for Tots Program. Also in December, two Cadets, Lieutenants Dwyer and Vanoster taught a Flag Etiquette Class to Mr. Click's Social Studies class. An important class for all. The Cadets emphasized the proper way to fold the flag and all aspects of flag handling. Another trophy was added to the ROTC trophy case when the unit was awarded the first place trophy in the "Marching Unit" category of the Brookhaven Holiday Parade. The end of January is used to prepare the cadet's for their annual cold weather camping trip held in the Poconos the weekend of February 4th. Training includes classroom work and conditioning hikes all geared to preparing the cadets to function in a cold weather environment. February is a month of practice as the Physical Fitness and Drill Teams get ready for the spring PT and Drill season. Special emphasis is given to the PT team as it prepares for the National Meet held in May in San Diego. Both the male and female teams are aiming to participate in Nationals which are held in May. The boys are hoping to improve on their second place finish of last year. Finally, we all want to congratulate Cadet Rosie Carillo who was chosen by the Phillies to sing God Bless America during the 7th inning stretch on July 6th at the Phillies game!

Science Olympiad

Science Olympiad will compete in its second invitational competition on Saturday, February 11th at the Tiger Invitational at Northwestern Lehigh High School.

The Sun Valley High School National Honor Society will be sponsoring two big events the month of February. First up is the Philabundance Food Drive starting on February 15th. This food drive will include 22 schools throughout the region who will compete to raise the most food, which will then be distributed to food shelters throughout the region. Top prize is \$10,000 and second prize is \$5,000.

The Sun Valley Science Fair was held on January 31st and it was a great success! Both the students and teachers did an awesome job working on the projects. We had judges from the world of science, one was from the University of Pennsylvania, two were from 3M Corporation, and the other was Joe Jenkins, a Sun Valley graduate and a scientist. One of the 3M judges was also a Sun Valley graduate. They were impressed with how well done the projects were. We also had a large crowd of people come through and look at the displays and they were very impressed by them. First place went to Robby Miles, Erin Thomas and Liam O'Brien who did "Vibrations, Vibrations, Vibrations", second place went to Matt Skwirut and TJ Wiest who did "Heat Capacity", third place went to Joshua Lehrberger for "Detergent Density: high or low", and fourth place to Maddie Cristenziano for the "Effects of Temperature on Fingerprints". Thank you to all the participants. Great Job! A special thanks to our teachers, Ms. Wiest, Mr. Deckman, Ms. Emhof, and Mr. Sikich for a job well done.

HOME OF THE VANGUARDS

UPDATE ON SPORTS

Lady Vanguard shot putter Caitlin Yakas completed a championship week in Girls' Indoor Track & Field. The Sun Valley junior captured the Chester County Girls' Shot Putting Championship and the Delaware County title as well. Caitlin followed these two performances with a throw 38' 1/4" to qualify for the Pa. State Indoor Championships at Penn State University.

The Sun Valley girls' basketball team ran off a 9-game winning streak and find themselves in the Ches-Mont American Division championship race. Katie Maloney was honored with the Ches-Mont American Player of the Week award for her two straight 20+ point performances during the Lady Vanguards' streak.

The girls' and boys' swim teams find themselves in 3rd and 4th place respectively in the Ches-Mont American division following recent victories over Oxford. Dan Joyce set a new school record in the 100 breaststroke (1:07.9). Danielle DelGiornio set a new record in the 100 backstroke (1:02.29). Joyce and DelGiornio are joined by Meghan Gallagher (100 freestyle) and Steve Carr (50 freestyle) as qualifiers for the District 1 championships. Mike Proietto and Josh Dardeen have also secured their places in the District 1 Diving championships.

The Vanguard Ice Hockey team is currently 2nd in the ICSHL Tri-County A division with a 5-5-2 record. Matt Reed leads the team with 25 points (12 goals, 13 assists) along with Ian O'Connor's 19 points (6 goals, 13 assists). Eric Dinsmore has tallied 9 goals for Sun Valley. Paul Sykes has been stellar in goal with a 5-4-2 record and a 3.91 goals against average. Sun Valley plays its home matches at IceWorks in Aston.

The Sun Valley boys' basketball proved that teams make a difference off the court. The Vanguards purchased and wrapped gifts for the holiday season and delivered them to children at the University of Penn's Abramson Cancer Center and Children's Hospital. The team then took part in the Coaches vs Cancer Benefit at Haverford High School playing against Perkiomen Valley. "It is not always wins on the court that mean the most. It means a lot to us," said senior Drew Giampietro.

The wrestling team heads into the annual Vanguard Invitational on January 28, 2012, where they will host seven teams from around the area and as far as Virginia. The young Vanguard team features some talented underclassmen who are making a statement in the highly competitive Ches-Mont League. Sean Donahue, Alex Elliott, and Steve Okoorian are three freshmen who look to grab a medal at the Invitational as they prepare for District 1 sectionals. Junior, Alex Trombetta continues to make his mark in the league.

Anthony Okoorian was named 2nd Team All-Delco Football as a wide receiver. Anthony led the area in receptions and yardage.



Anthony O'Koorian, All Delco Football



Katie Maloney, Ches-Mont Athlete of the Week



Allie Alkins, Lady Vanguards Basketball Captain

POST PROM EVENTS

The Class of 2012 Post Prom Committee is presently working on Sun Valley's 20th annual Post Prom to be held on Friday, May 4, 2012! Remember, we are always in need of additional helping hands both in finishing the decorations and the day of with set up. Please contact Misti Love 484-620-1242 or Donna Smith 610-517-1186 if you can assist in the final preparations in any way. Thank you for your support.

We need baby pictures of your child no larger than 4x6 to be used for our signing wall section. Each child will have a signing board so visitors and classmates can write notes and wish them well. You can send a scanned copy or an original. Pictures will be mounted onto the signing boards. If larger than 4x6, it will be cut down to size. A minimum of \$40 with each picture helps in the expenses of putting this event together. Please put your child's picture and money in an envelope marked Sun Valley Post Prom with your student's name on the front and drop off at the main office no later than March 30th.

Used Prom Gown Sale

We are having a fashion show and selling very gently used prom gowns for our students at a very reasonable cost. Vendors will also be there for flowers, limos, tux, hair and nails. Raffles and gift certificates to sweeten the event! The sale will be held on March 17th, 2-5pm at the Aston Community Center. You may drop off gowns on March 14th and 15th from 5-7:30pm also at the Community Center. Questions, contact Lisa Oleniczak 484-431-0145 or email svhspostprom2012@gmail.com.

Clothing Drive

Used Clothing Fundraiser Drive will be during the weeks of March 12th-March 30th. You may drop off clothing in the lobby whenever school is opened. Post Prom receives money for every pound we collect. Remember..clothing, shoes, belts, handbags, scarves, ties, linens, stuffed animals. All items donated will be sent to communities in need.

Friendly's Day

Friendly's Ice Cream Restaurant in the Springfield Mall is hosting a benefit for us on February 6th! Bring your voucher anytime between 10am-9pm and we will get 20% of your check. How easy is that to get your favorite Reese's Peanut Butter Cup Sundae and make us money too? Remember....you must bring the voucher.

Applebee's

We are scheduled for Applebee's famous pancake breakfast on March 11th starting at 8am. Tickets are \$5.00. Pre-sale sheets for you to take paid orders anytime from Feb. 1st to March 6th are in the office. We have to have a minimum of 150 tickets sold. So if you find a few people we will get there in no time! Send the money in an envelope marked Post Prom Applebee's and put the students name and homeroom and we will send the tickets home with them.

MIC Circulation Rate Has Skyrocketed!

Sun Valley students checked out more books in the first few months of this school year than all of last school year. Way to go Sun Valley! Keep reading! The MIC has many new materials. So far, over 1,000 new books have been added to the MIC's collection. Don't forget to check them out with Mrs. Smith. The check out period for books is two weeks, but you can renew them. iPads, iPods, and Nooks (color) are also available for students to use while in the MIC. New magazines and newspapers have been added as well. Now you can check them out, too! To check them out, simply bring your selection to Mrs. Smith and she will put it in an envelope and check it out to you.

Some Available Periodicals

Teen Ink (written by teens, including poetry), Sky and Telescope, Teen Vogue, Transworld Skateboarding, National Geographic, Astronomy, Audubon, Ceramics Monthly, Hola, Shonen Jump, Chemmatters, Communication Arts, English Journal, The New Yorker, History Today, Popular Science, Automobile, Sports Illustrated, Time, Wilson Quarterly, Spin, Seventeen, Wrestling USA, Writer's Digest, Entertainment Weekly, New York Times, USA Today, Daily Times.

While in the MIC, remember to follow the MIC Etiquette. It is essential for maintaining an enjoyable learning environment for all.

- * Get a pass from your teacher to come to the MIC.
- * Sign in upon arrival.
- * Be respectful of others and your surroundings, i.e., be quiet, clean up after yourself, etc.
- * Work on something, e.g., homework, reading, etc.
- * Sign out before you leave.

TECHNOLOGY FAIR AT SUN VALLEY

The 4th Annual Technology Expo was held on January 26th at Sun Valley. Staff, students, parents, and community members were invited to see the latest educational technology that is used within our classrooms throughout the district. Those who attended could visit and view presentations in Sun Valley's own Planetarium, learn about hand-held devices and educational applications, see how our interactive promethean boards are used to enhance instruction, or check out our array of technology programs used throughout Penn-Delco. Other exhibits included: Robotics, Podcasting, Wikispaces, Educational uses for I pads, Digital Music, Technology in Physical Education, Computer-Aided Design, Photography and so much more!

